SAINT MARY'S GLACIER & LAKE



FOREST

NATIONAL

29

ARAPAHO

DAY HIKE

FYI: The map on the reverse side is for general orientation, not for navigation. **P.S.** Get and give trail updates at **www.facebook.com/oriccolorado**

Location: Arapaho National Forest Off Fall River Road Near the town of Alice Contact Info: Clear Creek Ranger District 303-567-4382 www.fs.fed.us/r2

Length: .82 miles one-way (estimate using the Nat'l Geo Mapping Software)

Time: The average person hikes approximately 2 miles an hour. Adjust your time +/- based on terrain and weather conditions and your skill and fitness level and whether you are hiking or trail running.

Season: Mid June though mid October

Elevation Gain: See trail profile on reverse side

Difficulty: Easy to Moderate

Trail Users: Hikers

Dogs: On hand-held leash

Permits: None required

Getting There: Exit I-70 at Fall River Road (Clear Creek County Road 275) or Exit #238. Follow road about 8 miles to the signed St. Mary's Glacier trailhead. Park just by the trailhead on the left side (west) the road. **FYI:** The March 12, 2008 edition of the Clear Creek Courant indicates that a private land owner is now charging \$5.00 to park.

Maps: National Geographic Trails Illustrated #103E and or the Empire USGS 7.5 topographic map. **IMPORTANT:** Stay found with the aid of a topographic map, compass, a GPS receiver and the skill to use them.

Safety Considerations and Supplemental Info:
Glacier travel, without specialized equipment and training, may result in death or serious injury
Afternoon thunderstorms and lightning
Prepare for mosquitoes from June through September

Trail Description: This trail is somewhat steep and rocky, but is less than one mile long. Easy access to hiking James Peak and Kingston Peak. **HINT:** Contact the Idaho Springs Visitor Center (303-567-4382) for trail updates.

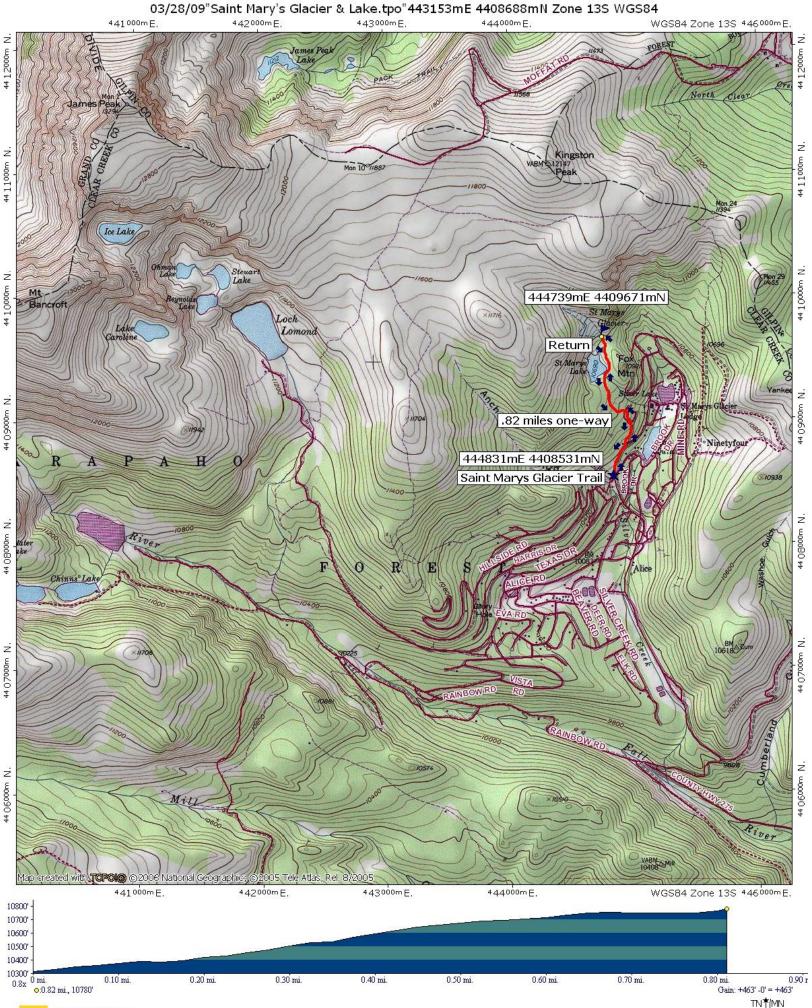
Highlights: The hike through lodgepole pines gives way to a beautiful alpine lake and above the lake St. Mary's Glacier Alpine views Option for a side trip to Kingston Peak and or James Peak

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GEOGRAPHIC

03/28/09

10°